# PASTORAL INSTITUTE DIOCESE OF BROOKLYN

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# **MEMORANDUM**

TO: All Liturgy and Sacraments Instructors

FROM: Nelsa I. Elías

**SUBJECT:** Comments Regarding Course

**DATE:** Spring Semester

The Pastoral Institute is constantly trying to improve the Lay Ministry Program. Changes have been made to this course program; some course content has been added, as well as new reading material to both the English and Spanish tracks. The most noticeable changes are the addition of assessments for the course objectives found in the course outline and sections on the sacraments of matrimony and holy orders. The assessments have been added as a concrete way of measuring the learnings of the participants. For this reason, I ask that you read this memorandum and the course outline *carefully*.

- Instructors will find the course outline at the end of this document and most Participants' reading materials on the Pastoral Institute Online Classroom. We ask that you distribute to the participants any materials that we were unable to post online on the first day of class. (The PI will provide the copies of these, as well as any textbooks for the course.)
- As you may know the PI Online Classroom web address has changed and the log in process has been simplified. As instructors, you will have access to the Instructors' page for your materials. I encourage the instructors for the Spanish track to download and read both the English and Spanish instructor's background materials. You will have to go to the Participants' page of the Class year that you are teaching to see the participant's materials. Please note that you will have to log in to the Participants' page with a different password. These passwords are found in the memo we gave you with the package containing the Participant's General Assessment and other documents.
- Participants will be asked to download articles (when applicable) from the *Pastoral Institute Online Classroom*. Although the participants know that they are responsible for downloading the articles, we depend on you to remind the participants to do so as you give them the reading assignments. Only copies of articles not available electronically, if applicable, and the textbook will be distributed by the instructor, on the first day of class, as noted above.
- It is important that participants in the lay formation program have every opportunity to become acquainted with the course goals, as well as what they are expected to have learned by the completion of the course. We ask you to review the course purpose and the objectives of the participants' education/formation experience at the first session of the course.

- The enclosure lists the *required* reading (English and Spanish) and the course outline indicates the material that is to be covered. Please feel free to cover the topics and assign the reading from Scripture (including the introductory material in the Bible), the text and articles, in the order that you find most comfortable; however *all* topics outlined should be covered and the video/dvd *The History of the Mass* should be shown.
- Integration Paper: The Pastoral Institute requires that the instructors only offer the participants a choice of two or three questions/topics from the list at the end of the course outline. Feel free to choose from this list the questions that you feel are more relevant. This will help us ensure that the theological and intellectual goals of the Pastoral Institute are met. The integration paper is not meant to be solely a report or reflection paper.
- When grading integration papers, please follow the Pastoral Institute guidelines and grading conventions. If necessary, a participant should revise their paper in order to meet the criteria for a "Satisfactory" grade. (Refer to the most recent Instructor Handbook.)
- The supplemental reading and resource list, if any, will be posted on the PI Online Classroom.
- Please also refer to and follow the directions included in the memo contained in your materials package.

Thank you for all of your efforts on behalf of the Pastoral Institute! Please let me know if you have any questions regarding the course material or any aspects of the Lay Ministry Program.

Revised Dec. 2013

## Pastoral Institute ♦ Diocese of Brooklyn Lay Ministry Program

**Course Title: Liturgy and Sacraments** 

#### **Course Length:**

16 hours

### **Purpose:**

This course will enable and encourage participants to understand Roman Catholic Liturgy as the official public prayer of the Church and sacraments as ritual practices (rites) which are efficacious sources and signs of God's grace, instituted by Christ and entrusted to the Church.

#### **Objectives:**

- 1. To present the Church's understanding of the Paschal Mystery as the heart of liturgical and sacramental theology.
- 2. To familiarize participants with the theology and liturgical principles contained in *Sacrosanctum Concilium*.
- 3. To enable participants to become familiar with the theology and practice of the Rite of Christian Initiation of Adults and the Rites of Penance and Anointing of the Sick and sacraments of service.
- 4. To introduce current theology and practice related to the celebration of the Eucharist.
- 5. To explore the value and function of popular piety within the Roman Catholic Church.

#### **Assessments:**

At the end of the course:

- 1. The participant will be able to explain in his/her own words the importance of Paschal Mystery.
- 2. The participant will be able to give examples of the theological and liturgical principles contained in Sacrosanctum Concilium, as well as explain the purpose of sacred liturgy, specifically the Eucharist, and its importance in the life of the Church and the world.
- 3. The participant will be able to name and describe the sacraments of initiation, healing and service.
- 4. The participant will be able to identify the different ministries in the mass, describe their functions and differentiate their roles.
- 5. The participant will be able to identify the challenges of a multicultural Church.

## Required Reading: (Includes both English and Spanish)

Catechism of the Catholic Church. Part Two: The Celebration of the Christian Mystery. (Available in English and Spanish)

Cendoya, Cristina. ¿ Qué es el Sacramento del Matrimonio? Catholic.net. Web. <a href="https://es.catholic.net/celebraciones/119/63/articulo.php?id=2186">https://es.catholic.net/celebraciones/119/63/articulo.php?id=2186</a>

Coleman, S.J., John A. *How the Eucharist Proclaims Social Justice*. Church. New York, NY. National Pastoral Life Center, Winter 2000 and Spring 2001.

DeGidio, O.S.M., Sandra. *The Liturgical Year: How Christians Celebrate Time*. *El Año Litúrgico: Cómo Los Cristianos Celebran El Tiempo*). Catholic Update. Cincinnati, OH. St. Anthony Messenger Press, 1995.

Feister, John Bookster. *The Real Presence: Jesus' Gift to the Church*. Catholic Update, Web. , http://www.americancatholic.org/Newsletters/CU/ac0901.asp

Francis, Mark R. *The Challenge of Worship in a Multicultural Assembly*. Liturgy. Spring, 1998. <a href="http://dioceseofbrooklyn.org/wp-content/uploads/2012/05/the-challenge-of-worship-in-a-multicultural-assembly1.pdf">http://dioceseofbrooklyn.org/wp-content/uploads/2012/05/the-challenge-of-worship-in-a-multicultural-assembly1.pdf</a>

Kenny, Mary and James. The Sacrament of Marriage. Catholic Update, Web. <a href="http://www.americancatholic.org/Newsletters/CU/ac0979.asp#top">http://www.americancatholic.org/Newsletters/CU/ac0979.asp#top</a>

Lewinski, Ronald, Rev. *The Eucharist Changes the World: Effects on the Person*. Pastoral Liturgy. Web. <a href="http://www.pastoralliturgy.org/resources/0809SC-">http://www.pastoralliturgy.org/resources/0809SC-</a> The Eucharist Changes The World.php

Regan, Cecelia P. *What Catholics do?* National Pastoral Life Center, New York, NY. <a href="http://dioceseofbrooklyn.org/wp-content/uploads/2012/05/what-catholics-do001.pdf">http://dioceseofbrooklyn.org/wp-content/uploads/2012/05/what-catholics-do001.pdf</a>

Richstatter, O.F.M., Thomas. *Siguiendo la Misa: Explicación de cada paso*. Catholic Update. Cincinnati, OH. St. Anthony Messenger Press, rev. 2002.

Rivero, Antonio, P., *La Liturgia En la Comunidad Humana*. Catholic Net, Inc. <a href="http://es.catholic.net/conocetufe/423/2222/articulo.php?id=21657">http://es.catholic.net/conocetufe/423/2222/articulo.php?id=21657</a>

Rivero, Antonio, P., *La Liturgia Desemboca en Misión*, Catholic Net, Inc. http://es.catholic.net/conocetufe/423/2222/articulo.php?id=21662

Rivero, Antonio, P., *La Liturgia y Los Sacramentos*. Catholic Net, Inc. http://es.catholic.net/catequistasyevangelizadores/640/3174/articulo.php?id=38285

Second Vatican Council. *Sacrosanctum Concilium: Constitution on the Sacred Liturgy* English:

http://www.vatican.va/archive/hist\_councils/ii\_vatican\_council/documents/vatican\_toonst\_19631204\_sacrosanctum-concilium\_en.html
Spanish:

http://www.vatican.va/archive/hist\_councils/ii\_vatican\_council/documents/vat-ii\_const\_19631204\_sacrosanctum-concilium\_sp.html

Stasiak, O.S.B., Kurt. Sacramental Theology: Means of Grace, Ways of Life. (Teología sacramental: Fuentes de Gracia, Caminos de Vida). Chicago, IL. Loyola Press. 2002.

Tosi, John. The Rite of Christian Initiation of Adults and the Rite of Pastoral Care of the Sick / Order of Christian Funerals.

English: <a href="http://dioceseofbrooklyn.org/wp-content/uploads/2012/05/Liturgy-and-Sacraments-Pitc.of-Initiation and Factoring and Factorin

Rite-of-Initiation.pdf

Spanish: <a href="http://dioceseofbrooklyn.org/wp-content/uploads/2012/05/Liturgy-and-Sacraments-Rito-de-iniciacion.pdf">http://dioceseofbrooklyn.org/wp-content/uploads/2012/05/Liturgy-and-Sacraments-Rito-de-iniciacion.pdf</a>

United States Conference of Catholic Bishops, Department of Justice, Peace and Human Development. *The Eucharist and Social Mission: Body of Christ, Broken for the World.* English:

http://dioceseofbrooklyn.org/wp-content/uploads/2012/05/Body-of-Christ-Broken-for-the-World.pdf

Spanish: El Cuerpo de Cristo Roto y Entregado por el Mundo

http://www.usccb.org/about/justice-peace-and-human-development/upload/Eucharist-and-Social-Mission-Spanish.pdf

United States Conference of Catholic Bishops. *Liturgical Participation*. Web. http://www.usccb.org/prayer-and-worship/the-mass/upload/liturgical-participation.pdf

United States Conference of Catholic Bishops. *Ministerios y Funciones en la Misa*. http://www.usccb.org/prayer-and-worship/la-santa-misa/ministerios-y-funciones-en-la-misa.cfm

Wargocki, Patricia Walsh. *Culture Affects Mourning*. The Tablet, vol. 101, no. 31. Brooklyn, NY, November 1, 2008. <a href="http://dioceseofbrooklyn.org/wp-content/uploads/2012/05/culture-affects-mourning.pdf">http://dioceseofbrooklyn.org/wp-content/uploads/2012/05/culture-affects-mourning.pdf</a>

#### **Recommended Additional Reading:**

John Paul II. *Dies Domini: Observing and Celebrating the Lord's Day*. Rome, 1988. English: http://www.adoremus.org/DiesDomini.html

Spanish: <a href="http://www.vatican.va/holy\_father/john\_paul\_ii/apost\_letters/documents/hf\_jp-ii\_apl\_05071998\_dies-domini\_sp.html">http://www.vatican.va/holy\_father/john\_paul\_ii/apost\_letters/documents/hf\_jp-ii\_apl\_05071998\_dies-domini\_sp.html</a>

López Martín, Julián. La Liturgia de la Iglesia. Biblioteca de Autores Cristianos, Madrid.

## RESOURCES FOR ALL INSTRUCTORS (FOUND ON PI ONLINE CLASSROOM)

Breig, James. *Key Chages To Missal Capture Original Meaning*. Web. <a href="http://old.usccb.org/romanmissal/article-3.shtml">http://old.usccb.org/romanmissal/article-3.shtml</a>

Pope John Paul II, Dies Domini, (On Keeping the Lord's Day Holy) Apostolic letter. (Available in English and Spanish)

Mass Languages, Diocese of Brooklyn.

United States Conference of Catholic Bishops. *The Mass*. <a href="http://www.usccb.org/prayer-and-worship/the-mass/">http://www.usccb.org/prayer-and-worship/the-mass/</a> (Contains many articles relating to the mass)

United States Conference of Catholic Bishops. *The Theological Vision of Sacrosanctum Concilium and the Roman Missal*. Web. English:

 $\frac{http://www.nccbusec.org/prayer-and-worship/the-mass/theological-vision-of-sacrosanctum-concilium-and-the-roman-missal.cfm}{}$ 

Spanish: La visión teológica de la Sacrosanctum Concilium y el Misal Romano <a href="http://www.usccb.org/prayer-and-worship/the-mass/theological-vision-of-sacrosanctum-concilium-and-the-roman-missal.cfm">http://www.usccb.org/prayer-and-worship/the-mass/theological-vision-of-sacrosanctum-concilium-and-the-roman-missal.cfm</a>

Velankanni, Francis. The Eucharist and Table Fellowship in the New Testament. Web. <a href="http://eapi.admu.edu.ph/content/eucharist-and-table-fellowship-new-testament">http://eapi.admu.edu.ph/content/eucharist-and-table-fellowship-new-testament</a>

# Pastoral Institute ♦ Diocese of Brooklyn Lay Ministry Program

## **Course Title: Liturgy and Sacraments**

### **Course Outline**

Part I: Introduction to the Study of Liturgy and Sacraments

What Is It That We Do?

Action of the Whole Church and Importance of Symbols

The New Roman Missal, Third Edition in English and New Roman Missal in Spanish

- Liturgy: What is it?
  - o Purpose
- Vocabulary and overview
  - o Review of course purpose and objectives
  - o Overview of Sacrosantum Concilium
  - o What does the word "liturgy" mean?
  - o Prayer and Liturgy
  - o Catechesis and Liturgy
  - o Church and Paschal Mystery
  - o Rites of the Church
  - o New Roman Missal
  - o Grace
- The sacramental economy: The Paschal mystery in the age of the Church
  - o Liturgy work of the Holy Trinity
    - The Father: Source and goal of the liturgy
    - Christ's work in the liturgy
    - The Holy Spirit and the Church in the liturgy
  - o The Paschal Mystery
    - The Lord's day
    - Liturgical seasons
    - Liturgical year
    - Liturgy of the hours
  - o The Paschal Mystery in the Church's sacraments
    - The sacraments of Christ
    - The sacraments of the Church
    - The sacraments of faith

- The sacraments of salvation
- The sacraments of eternal life
- The sacramental celebration of the Paschal mystery (Instructors' background: *General Instruction of Roman Missal [GIRM] pages 5-19 and 46-52.* 
  - o Who celebrates?
  - o How is the liturgy celebrated?
    - Signs and symbols
    - \*Words and actions
- Participant readings
  - o Catechism of the Catholic Church, (CIC) #1066-#1075; #1113-#1130; #1136-#1158; #1163-#1186
  - o Sacrosanctum Concilium, especially #7, #14, #47, #59, #102
  - o Sacramental Theology: Means of Grace, Ways of Life (Teología Sacramental: Fuentes de Gracia, Caminos de Vida), chapters 1-4
  - o The Liturgical Year: How Christians Celebrate Time (El Año Litúrgico: Cómo Los Cristianos Celebran el Tiempo)
  - What Catholics do.
  - o La Liturgia de la Iglesia.

## Part II: The Sacramental Celebration of the Christian Mystery: Sacraments of Initiation

- Rite of Christian Initiation of Adults: Catechumenate process as journey to the Christian life (Instructors' background: *The Rites, Introduction #1-#35*)
  - o Handout: The Rite of Christian Initiation of Adults and the Rite of Pastoral Care of the Sick / Order of Christian Funerals (Also available in Spanish.)
- The sacrament of baptism (Instructors' background: The Rite of Christian Initiation of Adults, #1-#329)
  - o Baptism in the economy of salvation
  - o How is the sacrament celebrated?
  - o Who can receive baptism?
  - o Who can baptize?
  - o The necessity of baptism
  - o The grace of baptism
- The sacrament of confirmation (Instructors' background: *The Rite of Confirmation*, #1-#65)
  - o Confirmation in the economy of salvation
  - o The signs and the rite of confirmation
  - o The effects of confirmation
  - o Who can receive confirmation?

- o The minister of confirmation
- Eucharist as source and summit of ecclesial life
  - o What is this sacrament called?
  - o The Eucharist in the economy of salvation
  - o Liturgical celebration of the Eucharist
  - o The sacramental sacrifice: thanksgiving, memorial, presence
  - The Paschal banquet
  - o The Eucharist: pledge of glory to come
- Eucharistic devotion outside of Mass
- Celebrating the Eucharist (Instructors' background: GIRM, #27-#52 and Roman Missal)
  - o Role of ministers
  - Order of the Mass
  - Duties and ministries in the Mass
- Participant readings
  - o Catechism of the Catholic Church, (CIC) #1212-#1419
  - o Sacrosanctum Concilium, especially #28, #47
  - Sacramental Theology: Means of Grace, Ways of Life (Teología sacramental: Fuentes de Gracia, Caminos de Vida), chapters 5-6
  - How the Eucharist Proclaims Social Justice
  - The Challenge of Worship in a Multicultural Assembly (Discuss briefly- a whole course is dedicated to Cultural Diversity as Communion.)
  - o The Real Presence: Jesus' Gift to the Church
  - Siguiendo la Misa: Explicación de Cada Paso; La Liturgia y los Sacramentos.
  - o Liturgical Participation (Ministerios Y Funciones En La Misa)
  - o The Eucharist and Social Mission: Body of Christ Broken for the World
  - o El Cuerpo de Cristo Roto y Entregado por el Mundo

#### Part III: The Paschal Mystery: The Presence of Christ in Time of Particular Need

- The sacraments of healing
  - o Penance (Instructors' background: *The Rite of Penance*, #1-#214)
  - Anointing / pastoral care of the sick (Instructors' background: *The Rite of Anointing*, #1-#305)
    - Handout: The Rite of Christian Initiation of Adults and the Rite of Pastoral Care of the Sick / Order of Christian Funerals

- Christian Funerals (Instructors' background: The Rite of Christian Funerals, #1-#237)
- The sacraments of service: Matrimony and Holy Orders
- Participant reading
  - o *Catechism of the Catholic Church*, #1420-#1532; #1680-#1690
  - o Sacramental Theology: Means of Grace, Ways of Life (Teología Sacramental: Fuentes de Gracia, Caminos de Vida), chapter 7
  - o The Sacrament of Marriage.
  - o ¿Qué es el Sacramento del Matrimonio?

Part IV: Sacramental celebration and Popular Piety: Sources of Grace for the Community of Faith

- Mary and the Communion of Saints
- Processions
- Cultural diversity
- Participant reading
  - o *Catechism of the Catholic Church*, #946-#975; #1205-#1209; #1674-1679

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# **Questions for Integration Paper**

Participants are asked to answer *one* question/topic from among these options *only*. The Participant should answer all parts of the question chosen are answered. The paper should be between 3-5 pages in length, double-spaced. Participants are to hand in a self-addressed stamped envelope and two copies of the paper on or by the due date. (Refer to Participant Handbook)

Participants are to take care to answer *all* parts of the question/topic chosen.

- 1. Why is the Church year Easter-based rather than Christmas-based? How will this new understanding of our Church liturgies enhance your experience of parish celebrations? How will understanding that the Church year is Easter-based affect your current or future ministry? Please answer all parts of the question.
- 2. Reflect on the sacramental life of your parish and address <u>each</u> of the following points:
  - Briefly explain how the parish celebrates one particular sacrament,
  - Based on your readings and class discussion, identify the strengths of your parish's celebration of the sacrament chosen,
  - In addition, discuss one or two ways in which the parish can improve the celebration. Support your discussion with the theological learnings from the course.
- 3. The Paschal mystery is the core of the liturgical and sacramental celebrations. It is also the heart of the lay minister's spirituality. After taking this course, how has your understanding of the Paschal mystery changed? Explore the relationship of the Paschal mystery to the liturgical celebrations and your own spirituality. Explain how your new understanding of the Paschal mystery will affect your ministry. (Answer all parts of the question.)
- 4. The Rite of Christian Initiation of Adults envisions not only the baptism of those seeking membership in the Church but a process of conversion enhanced by ritual celebration and deeply related to the life of the Church. Briefly outline the meaning and theology of each rite and reflect on how the celebration of these rites enables the whole Church to better understand the theology and importance of Baptism within Christian life. Use examples from your own experience in the RCIA ministry, if applicable.

# \*Preguntas / temas para el Trabajo de Integración.

\*Los participantes contestarán <u>una</u> de las siguientes preguntas / temas tomando cuidado de contestar todas las partes de la pregunta. (El papel de integración deberá ser de 3 a 5 páginas impresas siguiendo las normas del Manual del Participante del Instituto Pastoral.)

- 1. ¿Por qué se basa el año litúrgico de la Iglesia en la Pascua en vez de la Navidad? ¿Cómo afectará esta nueva comprensión de la liturgia de nuestra Iglesia a su experiencia de las celebraciones parroquiales? ¿Cómo afectará esta nueva comprensión a su ministerio presente (o futuro ministerio)? Por favor, conteste todas las partes de la pregunta.
- 2. Reflexione sobre la vida sacramental de la parroquia y escriba acerca de cada uno de los siguientes puntos:
  - Elija un sacramento y explique brevemente como su parroquia lo celebra.
  - Basándose en las lecturas del curso y discusiones en clase, identifique los puntos fuertes de la celebración en su parroquia del sacramento elegido.
  - También, describa una o dos maneras en que la parroquia podría mejorar la celebración. Haga referencias a las ideas teológicas aprendidas en el curso para apoyar su respuesta.
- 3. El Misterio Pascual es el centro de las celebraciones litúrgicas y sacramentales. También es el corazón de la espiritualidad del ministro laico. Después de tomar este curso, ¿cómo ha cambiado su comprensión del Misterio Pascual? Explore la relación del Misterio Pascual con las celebraciones litúrgicas y con su propia espiritualidad. Explique cómo su nueva comprensión del Misterio Pascual afectará a su ministerio. (Conteste todas las partes de la pregunta.)
- 4. El Rito de Iniciación Cristiana de Adultos prevé no sólo el bautismo de los que aspiran hacerse miembros de la Iglesia, sino un proceso de conversión mejorado o superado por la celebración ritual y profundamente relacionado con la vida de la Iglesia. Describa brevemente el significado y la teología de cada rito y reflexione sobre cómo la celebración de estos ritos permite a toda la Iglesia a comprender mejor la teología y la importancia del bautismo en la vida cristiana. Utilice ejemplos de su propia experiencia en el ministerio RICA, si viene al caso.

## Pastoral Institute ♦ Diocese of Brooklyn Lay Ministry Program

**Course Title: Liturgy and Sacraments** 

## **Supplementary Reading and Resources**

Bernal, José Manuel. Para vivir el año litúrico, 2nd edition. Spain: Editorial Verbo Divino.

Codina, Victor. Sacramentos De La Vida. México: Ediciones Dabar, 1993.

DeGidio, Sandra. *Sacraments Alive: Their History, Celebration and Significance*. Mystic, CT: Twenty-Third Publications, 2000.

Espeja, Jesús. Para Comprender Los Sacramentos, 9th edition. Spain: Editorial Verbo Divino.

Fink, S.J., Peter, ed. *The New Dictionary of Sacramental Worship*. Collegeville, MN: Liturgical Press, 1990.

Graham, William C. *Death, Delight, and the Paschal Mystery: Another Look at the Triduum.* Ministry & Liturgy, vol. 33, no. 2. San Jose, CA. Resource Publications, Inc., 2006.

Johnson, Lawrence J. *The Mystery of Faith: A Study of the Structural Elements of the Order of the Mass*, rev. ed. Washington, D.C.: Federation of Diocesan Liturgical Commissions, 2003.

Kavanaugh, Aidan. *Elements of Rite: A Handbook of Liturgical Style*. New York: The America Press, 1996.

Lebron, Jean. *Para Vivir La Liturgia*, 8<sup>a</sup> Edición. España: Editorial Verbo Divino.

Mitchell, Nathan D. *The Council's Call*. America, vol. 190, no. 2. New York, NY. America Press, Inc., 2004.

*Liturgy Documents, A Parish Resource, The.* Volume One With Commentary and Cumulative Index. Archdiocese of Chicago: Liturgy Training Publications, 1991.

Liturgy Documents, A Parish Resource, The. Volume Two With Commentary and Cumulative Index. Archdiocese of Chicago: Liturgy Training Publications, 1999.

Mahoney, Roger. *Gather Faithfully Together: Guide for Sunday Mass*. Chicago: Liturgy Training Publications, 1997.

O'Brien, Scott. *The Eucharist as the Gift of the Kingdom*. Ministry & Liturgy, vol. 32, no. 7. San Jose, CA. Resource Publications, Inc., 2005.

Pastoral Care of the Sick, The. Abridged Bilingual Edition. Chicago, II.: Liturgy Training Publications, 1982.

Rites of the Catholic Church, The as revised by Decree of the Second Vatican Council. Study Edition. New York: Pueblo Publishing Co., 1983.

Smolarski, S.J., Dennis C. *Sacred Mysteries: Sacramental Principles and Liturgical Practice*. New York: Paulist Press, 1995.

United States Conference of Catholic Bishops. *General Instruction of the Roman Missal*, 3<sup>rd</sup> Typical Edition. Washington, D.C.: USCCB, 2002.

---. The Real Presence of Jesus Christ in the Sacrament of the Eucharist.. Washington, D.C.: USCCB, 2001.